

MEDICATIONS TO AVOID 2 WEEKS BEFORE AND 2 WEEKS AFTER SURGERY

If you are taking any medications on this list, they should be discontinued at least 2 weeks prior to surgery and only Tylenol should be taken for pain. All other medications that you are currently taking must be specifically cleared by your doctor prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by your doctor and the nursing staff.

Meds Containing Aspirin 4-Way Cold Tabs Alka-Seltzer Alka-Seltzer Plus Anacin Anexsia w/ Codeine Anodynos APC Arthritis Pain Formula ASA Ascription Aspergum Axotal Azdone B-A-C Bayer Products BC Powder Bexaphene Buffaprin Bufferin Buffinol Cama Arthritis Pain	Reliever Cephalgesic Cheracol Congesprin Cope Coricidin Cortisone Medications Damason-P Darvon Dia-Gesic Disalcid Doan's Pills Dolprin #3 Tablets Doxaphene Dristan Duragesic Easprin Ecotrin Emagrin Forte Empirin Emprazil Equagesic Equazine M	Excedrin Feldene Fiogesic Fiorgen PF Fiorinal Gelpirin Tablets Gemnisyn Indocin Lortab ASA Magan Magnaprin Marnal Measurin Meprobamate Methocarbamol Midol Mobigesic Momentum Niacin Norgesic Norwich Orphenogesic Oxycodon	P-A-C Pabalate Pepto-Bismol Percodan Persistin Phenapehn Presalin Propoxyphene Robaxisal S-A-C Tablet Saletto Salocol Sine-Off Sinutab SK-65 Soma Compound St. Joseph Aspirin Supac Synalogs-DC Talwin Tolectin Triaminicin Trigesic	Trilisare Ursinus Inlay- Tabs Vanquish Zactrin Zomax Zorprin Meds Containing Ibuprofen Aches-N-Pain Advil Aleve Anaprox Haltran IBU-TAB Medipren Midol 200 Motrin Naprosyn Nuprin Pedia Profen Rufen Trendar
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HERBS AND DRUGS: THEY DON'T ALWAYS MIX

Some herbs and pharmaceuticals can interact when taken together -- possibly increasing or decreasing each other's effects or potency. Avoid the following herbs/supplements.

Agrimony	Clove	Fish Oil	Horse Chestnut	Sage
Alfafa	CoQ10	Flax seed oil	Kava kava	St. John's Wort
Aloe Vera	Devil's Claw	Garlic	MaHuang	Tonka Bean
Angelica	Echinacea	Ginger	Meadowsweet	Valerian
Aniseed	Eicosapentaenoic	Gingko biloba	Melatonin	Vitamin E
Bilberry	Acid	Ginseng	Mistletoe	Vitamin K
Cayenne	Ephedra	Goldenseal	Papaya	Wintergreen
Celery	Feverfew	Gotu kola	Poplar	Yarrow
Chamomile	Fenugreek	Hawthorne	Prickly Ash	Yohimbe

Also discontinue weight loss supplements including Phentermine (Adipex-P, Fastin, Ionamin), Metabolife, Desoxyn, Didrex, Meridia, Tenuate at least 6 WEEKS BEFORE SURGERY.